

“There are no goodbyes,
where ever you’ll be, you’ll be in my heart.”



A Long, Beautiful Life

“That best portion of a good man’s life, his little nameless
unremembered acts of kindness and love.”

Love you Dad. We know that you’re in a good place now with
your brothers and sisters, Uncle Dave and family long gone.
Please watch over us. We will miss you greatly.



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**A Long, Beautiful Life-
Rene Rico Navat**
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Rene Rico Navat

March 8, 1932 ~ January 4, 2025

Born in San Felipe, Zambales, Philippines, Rene passed away in the late afternoon of Saturday, the 4th of January, with his loving family by his side. He was 92 years old.

Rene attended Zambales Central Institute for high school, and joined the Coast Guard when he was 25 years old. He achieved an E-6 rank with the title of Petty Officer First Class, completing the training as a Chief Subsistence Specialist from the Coast Guard Institute. During his time of service, he was aboard the USCG Taney W-37 and served in the Vietnam War. Rene had dreams of being a doctor when he was young but he knew that his family could not afford to send all the siblings to college. He enjoyed his time of service and retired honorably on July 31, 1977 after 20 plus years of faithful dedication to the Coast Guard.

In the Coast Guard, Rene was a chef, making sure the soldiers aboard the ship were fed and satisfied. He told us a story of when his Commander asked why he was sad, and Rene told him that he needed to cook rice and be on the menu as so many of his comrades were Filipino. At home, Rene was a great chef. He was always cooking home made meals and had this special chili that we loved. He would invite neighbors to come and eat anytime. If it was our birthday, Rene was surely baking you a cake and cooking up a storm for the birthday party.

Rene loved his music. He had multiple records, eight tracks, and cassettes, and would often play his music on the weekends as he worked on his cars in the garage. Rene also played the piano beautifully. Without any formal instruction, Rene played "widow" on the piano, and his favorite song to play was "Dahil Sa Iyo" (a Filipino love song). Rene was an avid swimmer as an adult and often took his children with him to Treasure Island pool, where he swam laps and they took lessons. He loved playing pool and loved bowling, where he and his wife would bowl together quite often, early on in their relationship.

Rene was loved by his family and many close friends. He was quiet, and when he spoke it was with purpose. He was known have a sharp tongue at times especially if he did not agree, but he also loved to share stories of his experiences. He often entertained family and friends, and held mahjong parties at the house.

Rene is survived by his wife, Freda, daughter, Marsha, son, Mario, niece, Melissa, sister, Eding, and grandchildren, Alexis, Mariah, Alaynah, and Mason.

We love you so much and will miss you dearly, Rene. May you find eternal peace in the loving hands of our Almighty God.

Visitation

4:00 p.m. ~ 9:00 p.m.

Thursday ~ January 9, 2025 / Friday ~ January 9, 2025

Sneider & Sullivan & O'Connell's Funeral Home

977 South El Camino Real

San Mateo, California

Vigil

7:00 p.m.

Friday ~ January 9, 2025

Sneider & Sullivan & O'Connell's Funeral Home

977 South El Camino Real

San Mateo, California

Funeral Mass

9:45 a.m.

Saturday ~ January 11, 2025

St. Gregory Catholic Church

2715 Hacienda Street

San Mateo, California

Celebrant: Fr. Mark Reburiano

Reception to Follow Mass

1:00 p.m.

Sea Spray Clubhouse

760 Sea Spray Lane

Foster City, California

Final Resting Place

Cypress Lawn Memorial Park

Colma, California